

CURRICULUM VITAE

Leonardo Tondo, M.D., M.Sc.

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Office Address: McLean Hospital, MRC 3; 115 Mill Street, Belmont MA 02478.
Home Address: 145 Pinckney #612, Boston MA 02114
Work Phone: 617 855 3201
Work Email: Ltondo@aol.com
Work FAX: 617 855 3479
Place of Birth: Vetralla (Viterbo), Italy
Date of Birth: December 12, 1949
Citizenships: Italian and U.S.
Languages: Italian (mother tongue), English (fluent), Spanish (advanced), French (intermediate)

Education

1974	M.D. Summa cum Laude	Medicine & Surgery (Dissertation title: PRALP: Un Sistema automatico per l'intepretazione del test di Rorschach (<i>PRALP: A computerized system for the interpretation of Rorschach test</i>))	Rome University "La Sapienza"
2003	M.S.	Epidemiology	Harvard School of Public Health

Postdoctoral Training

1974–1978	Psychiatrist	Psychiatry	Rome University "La Sapienza"
10/1980–12/1980	Visiting Scientist	Psychoendocrinology	Psychohormonal Research Unit, Johns Hopkins Hospital and University

01/1983– 08/1983	Visiting Scientist	Psychoneurobiology	University of Pennsylvania, Philadelphia
03/1986– 12/1986	Assistant Researcher	Psychobiology	UCLA, Harbor Medical Center

Faculty Academic Appointments

1975–1996	Assistant Professor	Psychiatry	University of Cagliari
1997–2009	Associate Professor (retired)	Psychology	University of Cagliari
1995–2019	Lecturer (retired)	Psychiatry	Harvard Medical School
1995– 2011–03	Research Associate Visiting Professor	Psychiatry Psychiatry (course on Suicide)	McLean Hospital University of Cagliari
2012–04	Instructor	Psychiatry (Research Methodology)	University of Rome
2014–	Professor of Psychiatry		
2018–	Honorary Visiting Professor, Centre for Affective Disorders, Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King’s College London		

Appointments at Hospitals/Affiliated Institutions

1974–1976	Attending Psychiatrist	Psychiatry	Belvedere Montello Psychiatric Hospital, Rome
1977–1979	Attending Psychiatrist	Psychiatry	State Psychiatric Hospital, Cagliari, Italy

Other Professional Positions

1977–	Director	Mood Disorder Research Center Lucio Bini, Cagliari	
1997–2012	Vice-President	Aretaeus non-profit organization for the study of mood and anxiety disorders.	

Professional Societies

1982–	Società Italiana di Psichiatria	Member
1988–	European College of Neuropsychopharmacology	Member
1992–	Collegium Internationale Neuro-Psychopharmacologicum	Member
1992–	American Psychiatric Association	Member
1999–	American Foundation Suicide Prevention	Member

Editorial Activities

Acta Psychiatrica Scandinavica
American Journal of Epidemiology
American Journal of Psychiatry
Archives of General Psychiatry
Bipolar Disorder
CNS Drugs
European Psychiatry
International Journal of Neuropsychopharmacology
Journal American Medical Association
Journal of Affective Disorders
Journal of Clinical Psychiatry
Psychiatric Research

Other editorial roles

1992–	Editorial Board	<i>Reviews in Contemporary Pharmacopsychiatry, Carnforth, UK</i>
1996–	Editor in Chief	<i>Italian Journal of Addictions, Cagliari, Italy</i>
2004–	Editor in Chief	<i>Aretaeus Newsletter, Rome, Italy</i>
2005–	Editorial Board	<i>Bipolar Disorder Journal, Pittsburgh, USA</i>
2006–	Editorial Board	<i>Trastornos del Animo, Santiago, Chile</i>
2012–	Editorial Board	<i>International Journal of Bipolar Disorders</i>

Honors and Prizes

2003	Nola-Maddox Falcone Prize	NARSAD	<i>Outstanding Achievement in the Research of Affective Disorder</i>
2004	Suicide Prevention Award	American Foundation for Suicide Prevention	<i>Research on lithium treatment and prevention of suicide risk</i>

Report of Funded and Unfunded Projects

Funding Information

1985	Interaction between depressive syndromes and immune system; Italian Ministry of Education, PI (no indirect costs)		
1986	Discontinuation of lithium treatment; Italian Ministry of Education, PI (no indirect costs)		
1988	Lymphocyte subsets in anxiety disorder; Italian Ministry of Education, PI (no indirect costs)		
1989	Psychodiagnostic assessment of psychopathological risk in unemployment; Italian Ministry of Education, PI (no indirect costs)		
1990	Psychophysiological modification of sleep patterns in depressive disorders; Italian Ministry of Education, PI (no indirect costs)		
1991	Psychosocial assessment of female employment in Sardinia; Italian Ministry of Education, PI (no indirect costs)		
1992	Psychodiagnostic profiles in unemployment; Italian Ministry of Education, PI (no indirect costs)		
1993	Psychodiagnostic assessment in tertiary work; Italian Ministry of Education, PI (no indirect costs)		
1994	Suicide prevention and lithium; Italian Ministry of Education, PI (no indirect costs)		
1995	Risks of lithium discontinuation; Italian Ministry of Education, PI (no indirect costs)		
1995	Travel Award; Consiglio Nazionale delle Ricerche, Italy (no indirect costs)		
1995	Suicide prevention during lithium treatment and the risks of its discontinuation; NARSAD Young Investigator Award, PI (10% indirect costs)		
1996	Reintroduction of lithium after its discontinuation; Italian Ministry of Education, PI (no indirect costs)		
1996	Prediction and management of morbid risk associated with treatment discontinuation in manic-depressive illness; NARSAD Young Investigator Award, PI (10% indirect costs)		

- 1997–1998 Interruption of lithium treatment: Relapse rate, suicidal risk, efficacy of successive long-term treatments after abrupt vs. gradual discontinuation in bipolar disorder patients; Stanley Foundation Award, **PI** (10% indirect costs)
- 1998–1999 Effect of lithium treatment on illness time, episodes, and free intervals: Rapid cyclers vs. other course sequences; NARSAD Young Investigator Award, **PI** (10% indirect costs)
- 1998–2004 Stanley Foundation grant to Lucio Bini Center as International Research Center
- 2000–2001 Effectiveness of mood stabilizers in bipolar and unipolar disorders, typical and atypical; NARSAD Independent Investigator Award, **PI** (10% indirect costs)
- 2003–2004 Morbidity, course, episode sequence, and seasonality in bipolar disorder patients given long-term maintenance treatment vs. time-limited treatment for acute illness episode; NARSAD Independent Investigator Award, **PI** (10% indirect costs)
- 2006 Suicidality: Association with Antidepressant Treatment; Eli Lilly Company, **Co-PI**
- 2007 Predicting Suicidal Risk in Mood Disorder Patients; Janssen Laboratories, **Co-PI**
- 2006–2007 Antidepressant Discontinuation: Effects of Discontinuation Rate on Morbidity in Major Affective Disorder Patients; NIMH-RO3, **Co-PI**
- 2012-2013 Studio Clinico, multicentrico, internazionale, randomizzato, controllato sulla prevenzione di ricadute depressive o maniacali della memantina vs. lamotrigina nei disturbi bipolari resistenti al trattamento con litio e/o altri stabilizzanti dell'umore, **Consultant**

Report of Teaching and Training (Italy)

Teaching of Students in Courses

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|-----------|--|--|
| 1981–1996 | Psychiatry; Section leader and lecturer; 20 medical students (sections); 50 medical students (lectures); | Medical School, University of Cagliari; 6 hrs/yr (as Section Leader); 3 hrs/yr (as Lecturer) |
| 1990–1995 | General Psychology; 120 medical students | Medical School, University of Cagliari; 7 hrs/yr |
| 1990–1993 | Psychology and Psychopathology; 30 social service students | Medical School, University of Cagliari; 20 hrs/yr |
| 1991–1996 | Psychological Testing; Section leader and lecturer; 80 students; | Department of Psychology, University of Cagliari; 70 hrs/yr |
| 1993–1995 | Medical Psychology; 50 medical students | Medical School, University of Cagliari; 14 hrs/yr |
| 1996–2004 | General Psychology; 350 psychology students; | Department of Psychology, University of Cagliari; 70 hrs/yr |

1997–1999	Psychotherapy Attending; 50 medical students;	Medical School, University of Cagliari; 15 hrs/yr
2004–2008	Clinical Psychology; 120 students	Department of Psychology, University of Cagliari; 30 hrs/yr
2004–2008	Psychiatry; 80 students	Department of Psychology, University of Cagliari; 30 hrs/yr

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

1981–1991	General psychology; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr
1984–1987	Semiotics in Psychiatry; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr
1987–1989	Psychopharmacology; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr
1987–1990	Psychology; 6 residents in Geriatrics	Medical School, University of Cagliari; 12 hrs/yr
1989–1990	Psychiatric therapeutics; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr
1990–1998	Psychophysiology; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr
1990–1998	Geriatric neuropsychiatry; 10 residents in Psychiatry	Medical School, University of Cagliari; 12 hrs/yr

Formally Supervised Trainees

1976–1981	Gianfranco Floris, M.D., Psychiatric Inpatient Unit Director (2000–2007), Clinica Lay Hospital, Cagliari, Italy
1976	Gavino Faà, M.D., Pathologist, Dean of the Medical School (2000–2007), University of Cagliari, Italy
1977–1982	Gino Serra, M.D., Full Professor of Psychopharmacology in Pharmacy School, University of Sassari, Italy
1977–1982	Paolo Laddomada, M.D., Psychiatric Inpatient Unit Director, Cagliari, Italy
1980–2017	Gian Paolo Minnai, M.D., Psychiatric Inpatient Unit, S.Martino Hospital and Director Department of Psychiatry, Oristano, Italy
1985	Luca Pani, M.D., Psychiatrist, Director AIFA, Roma, Italy
1985–1990	Gianni Faedda, M.D., Psychiatrist, New York City

- 1991–1996 Mercedes Masia, M.D., SERT, Cagliari, Italy
- 1993–1998 Francesco Silvetti, M.D., Psychiatrist and Psychotherapist, Cagliari, Italy
- 1993–1998 Maria Efsia Meloni, M.D., Psychiatrist and Psychotherapist, Director, Psychiatric Ward, Olbia, Italy
- 1995– Carmen Ghiani, M.D., Psychiatrist and Psychotherapist, Cagliari, Italy
- 1995–2000 Piero Mannu, M.D., Psychiatrist and Psychotherapist, Cagliari, Italy
- 1998–2004 Simona Mercenaro, Psy.D., Psychologist and Psychotherapist, Mood Disorder Centro Lucio Bini, Cagliari, Italy
- 1998– Beatrice Lepri, Psy.D., Psychologist and Psychotherapist, Mood Disorder Centro Lucio Bini, Cagliari, Italy
- 2007– Caterina Visioli, Psy.D., Psychologist and Psychotherapist, Mood Disorder Centro Lucio Bini, Cagliari Italy
- 2012– Marco Pinna, Psy.D., Psychologist and Psychotherapist, Mood Disorder Centro Lucio Bini, Cagliari Italy

Formal Teaching of Peers (e.g., CME and other continuing education courses)

- 1990 *Problemi del trattamento cronico con sali di litio* **Convegno: La depressione. Aspetti clinici e forensi** Alghero, Italy
- 1991 *Aspetti terapeutici del disturbo di panico* **Convegno: Aspetti terapeutici del disturbo di panico** Cagliari, Italy
- 1993 *I disturbi depressivi dell'adolescenza*, **Società Italiana dell'adolescenza** Cagliari, Italy
- 2001 *La malpractice, il consenso informato, la comunicazione della cattiva diagnosi*, **Incontro di Urologia** Cagliari, Italy
- 2003 *Disturbi di Personalità, Disturbi dell'Umore e Suicidio* **Società Italiana Tossicodipendenze SITD-Sezione Sardegna. Seminario sulle Tossicodipendenze** Cagliari, Italy
- 2003 *Comorbilità psichiatrica nei disturbi bipolari* **Convegno Ospedale S.Andrea** Rome, Italy
- 2003 *Rischio di suicidio nei disturbi dell'umore* **I Corso di aggiornamento per Medici Specialisti in Psichiatria e Psicologia Clinica e Psicologi** Rome, Italy
- 2003 *1. Disturbi dell'Umore e Suicidio. 2. Disturbi Bipolari e Abuso di sostanze* **Corso di aggiornamento per Medici Specialisti in Psichiatria e Psicologia Clinica** Oristano, Italy

2003	<i>Disturbi di Personalità, Disturbi dell'Umore e Suicidio</i> Società Italiana Tossicodipendenze SITD-Sezione Sardegna. Seminario sulle Tossicodipendenze	Cagliari, Italy
2003	<i>L'estrema fuga in psicopatologia: il suicidio</i> Corso di aggiornamento: "Le frontiere della ricerca in psichiatria"	Pisa, Italy
2003	<i>Il suicidio: dalla prospettiva sociologica a quella medica</i> Incontro: Sintomi psicotici nella malattia maniaco-depressiva	Oristano, Italy
2004	<i>Efficacia e limiti terapeutici degli stabilizzanti dell'umore</i> Corso di Aggiornamento Dal temperamento affettivo alla malattia maniaco-depressiva. Aspetti clinici e terapeutici	Taranto, Italy
2005	<i>Successi e limiti del trattamento con litio nel disturbo bipolare</i> , Simposio: Approcci attuali alla diagnosi e al trattamento delle psicosi	Lugano, Switzerland
2006	<i>Maintenance therapy with lithium</i> Meeting: Long term therapies and the research of a stable wellbeing in bipolar patients	Rome, Italy
2006	<i>1. Efficacia e limiti terapeutici degli stabilizzanti dell'umore. 2. Tassi suicidio internazionali e uso di antidepressivi: 1950-2003</i> Seminario: Depressione Bipolare: Uso dei farmaci, disturbi metabolici e condotte suicidarie	Pisa, Italy
2006	<i>Trattamenti di mantenimento nei disturbi dell'umore</i> Convegno: Nuovi confini nella diagnosi e trattamento dei disturbi dell'umore	Carbonia, Italy
2007	<i>1. Suicidio: una prospettiva epidemiologica. 2. Prevenzione medica del suicidio.</i> Corso sulla Prevenzione dei Comportamenti Suicidari	Olbia, Italy
2007	<i>Depressione Bipolare</i> I molti aspetti della Depressione Bipolare	Rome, Italy
2008	<i>Il fenomeno del suicidio e la sua prevenzione</i> Convegno di neuroscienze e psicologia del lavoro: "Emozioni, personalità e psicopatologia"	Rome, Italy
2009	<i>Gli antidepressivi nel disturbo bipolare</i> I confini e le comorbidità del disturbo bipolare	Catania, Italy
2009	<i>Lithium for affective disorders and effects on suicide risk & Antidepressant-induced mania</i> CME Course 2009 Harvard Medical School & McLean Hospital (Boston) University of Palermo (Buenos Aires)	Buenos Aires, Argentina
2009	<i>Depressione bipolare: pro e contro nell'uso di antidepressivi</i> Open Space-Advisory Opinions on Bipolar Depression	Naples, Italy
2010	<i>Suicidio: una prospettiva epidemiologica</i> Corso di formazione: Il comportamento suicidario. Epidemiologia, clinica, prevenzione.	Oristano, Italy

2011	<i>Depressione bipolare</i> Corso ECM. Depressione ed eccitamento: il disturbo bipolare nella pratica clinica, assessment e trattamento	Roma, Italy
2011	<i>Suicidio: cenni storici e aspetti epidemiologici e clinici.</i> Convegno: Rischio suicidario in adolescenza. Servizio Territoriale di Neuropsichiatria dell'Infanzia e dell'Adolescenza. ASL n.2-Olbia	Olbia, Italy
2012	<i>Dalla normalità allo spettro bipolare</i> 2° Corso di Perfezionamento su Disturbi bipolari: nuove prospettive eziopatogenetiche, psicopatologiche e terapeutiche"	Roma, Italy
2012	<i>Suicidio: epidemiologia e clinica</i> Corso: Disturbo Bipolare e Suicidio	Bressanone, Italy
2012	<i>Suicidio: prevenzione medica</i> Master universitario sui disturbi dell'umore. Dipartimento di Psichiatria, Neurobiologia, Farmacologia e Biotecnologie, Università di Pisa	Pisa, Italy
2013	<i>La depressione bipolare e il ruolo degli antidepressivi</i> Master in Clinica e Terapia dei Disturbi dell'Umore Pisa, 10 ottobre 2013	Pisa, Italy
2014	Master in Clinica e Terapia dei Disturbi dell'Umore Pisa	Pisa, Italy
2015	Master in Clinica e Terapia dei Disturbi dell'Umore Pisa	Pisa, Italy
2016	Master in Clinica e Terapia dei Disturbi dell'Umore Pisa	Pisa, Italy
2017	Master in Clinica e Terapia dei Disturbi dell'Umore Pisa	Pisa, Italy

Invited Presentations and Courses

National

1984	The course of manic-depressive illness and treatment-induced changes, Department of Psychiatry, Health Science Center at Dallas, Texas
1984	<i>The course of manic-depressive illness and treatment-induced changes</i> , Department of Psychiatry, University of California Los Angeles, Harbor-UCLA Medical Center, Torrance
1984	<i>The course of manic-depressive illness and treatment-induced changes</i> , Laboratory of Clinical Science, NIMH, NIH Clinical Center, Bethesda, Maryland,
1984	<i>The course of manic-depressive illness and treatment-induced changes</i> , Department of Psychiatry, Albert Einstein College of Medicine, Montefiore Medical Center, New York
1984	<i>The course of manic-depressive illness and treatment-induced changes</i> , Department of Psychiatry, Payne Whitney Psychiatric Clinic, Cornell Medical Center New York, New York
1984	<i>The course of manic-depressive illness and treatment-induced changes</i> , Department of Psychiatry, Neuropsychopharmacology Unit, University of Pennsylvania, Philadelphia, Pennsylvania
1985	<i>Grand round and discussion on bipolar illness</i> , Department of Psychiatry, College of Medicine, Center for the Health Sciences, University of Tennessee, Memphis
1998	<i>Suicide risk in patients with substance abuse</i> , Meeting: Effect of Medical Interventions on Suicidal Behavior, Miami, Florida

- 2003 *Efficacy of Lithium Treatment for Depression and Lowering of Suicidal Risk. American Collegium Neuro-Psychopharmacologicum, Puerto Rico*
- 2004 *Mechanisms by which lithium confers its efficacy in lowering suicidal risk in bipolar disorders, NCDEU-NIMH meeting, Phoenix, Arizona*
- 2009 *Age at Onset of Major Affective Disorders. Annual Psychiatry Research Symposium, Harvard Medical School, Boston, MA*
- 2010 *Use of antidepressants and emerging mania: a metanalysis McLean Hospital research Day*
- 2010 *Il Disturbo Bipolare dell'Umore dalla Normalità alla Patologia. Circolo Italiano di Cultura Boston*
- 2011 *Major Affective Episodes in Pregnancy and Postpartum: 2252 Pregnancies in Women with Mood Disorders. McLean Research Day, Belmont, Massachusetts.*
- 2012 *Clinical Responses in 1036 Depressed Patients with Bipolar vs. Unipolar Major Affective Disorders. McLean Hospital research Day.*
- 2012 *Early separations and losses: Functional & clinical outcomes. Center for Depression, Anxiety & Stress Research Speaker Series. McLean Hospital. Belmont, Massachusetts.*
- 2013 *Re-analysis of the Earliest Controlled Trials of Imipramine. McLean Hospital research Day.*
- 2013 *Secular Trends in Randomized Controlled Trials of Antidepressants. Psychiatry Research Day, Harvard Medical School, Boston.*

International

- 1975 *Analysis of personality variables in subjects with eating disorders, III Congresso Internazionale College of Psychosomatic Medicine, Rome, Italy*
- 1980 *Rapid Cyclers and Antidepressants, XII Collegium Internationale Neuro-Psychopharmacologicum, Goteborg, Sweden*
- 1987 *Job Deprivation and psychological risk, II Congresso Nazionale della Società Italiana di Psichiatria Sociale, Rome, Italy*
- 1988 *Lymphocyte sub-populations in depressed patients, Incontri Internazionali di Psicofarmacologia: I modi della depressione: tra biologia e psicodinamica, Torino, Italy*
- 1988 *1. Therapeutic strategy in the treatment of rapid cyclers. 2. Withdrawal syndrome after lithium discontinuation. 3. Antidepressant efficacy of low doses of tricyclics. 4. Lymphocyte sub-populations in major affective disorders. 5. Efficacy of low doses of intravenous antidepressants, XVI Collegium Internationale Neuro-Psychopharmacologicum, Munich, Germany*
- 1988 *Efficacy of low doses of intravenous antidepressants, International Meeting British Association of Psychopharmacology: Antidepressants - Thirty Years On, Galway, Ireland*
- 1989 *1. T-linfociti nei disturbi depressivi. 2. Efficacia di basse dosi dei triciclici endovenosi. 3. Esiti dell'interruzione della terapia con litio. Simposio Internazionale: Il dibattito attuale sulla depressione, Capri, Italy*
- 1991 *T-lymphocytes subsets in lithium-treated bipolar patients, 3rd International Lithium Workshop, Wolverhampton (UK)*

- 1991 *1. Carbamazepine in long-term treatment of affective and schizoaffective disorders. 2. Seasonal Mood disorders: Patterns of recurrence in major affective disorders. 3. Psychopathological risk in HIV-positive drug abusers. 4. Lithium discontinuation in spontaneous and induced rapid-cyclers. 5. Does lithium affect lymphocyte subsets distribution? 6. Lymphocyte subsets in panic disorder: A controlled study.* **5th World Congress of Biological Psychiatry**, Firenze, Italy
- 1993 *1. Fluoxetine in depressive episodes during prophylactic lithium treatment. 2. Suicidal 1993 behavior in bipolar disorder during lithium treatment,* **6th European Congress of the European College of Neuropsychopharmacology**, Budapest, Hungary
- 1994 *SSRI augmentation in lithium treated bipolar patients,* **7th Congress of European Association of Psychiatrists**, Copenhagen, Denmark
- 1995 *Outcome of lithium discontinuation in bipolar disorders,* **2nd International Conference: New directions in affective disorders**, Jerusalem, Israel
- 1995 *Suicide in a group of Sardinian patients on long-term lithium,* **Malta Lithium Symposium**, Malta.
- 1998 *Clinical effectiveness of lithium in bipolar patients,* **Stanley Foundation Bipolar Disorder Symposium**, London
- 1999 *Lithium treatment and suicide risk,* **Meeting Lithium-Lexington**, Lexington, Kentucky
- 2000 *Lithium treatment in bipolar disorder and its effect on suicide risk,* **Psychiatric Research Society Annual Meeting Program**, Park City, Utah
- 2000 *Suicide risk in schizophrenia and antipsychotic treatments,* **First Stockholm-Cagliari Conference on Neuroscience**, Stockholm Sweden
- 2000 *Reduced suicidality during lithium treatment,* **II European Stanley Foundation Conference on Bipolar Disorder**, Amsterdam, Netherlands
- 2001 *Riduzione del rischio suicidario durante la terapia con litio,* **VI Sopsi (Società Italiana di Psicopatologia) Meeting**, Rome, Italy
- 2001 *Suicide in bipolar disorders,* **European Certificate in Anxiety and Mood Disorders**, Maastricht, Netherlands
- 2002 *Il trattamento con sali di litio del disturbo bipolare,* **VII SOPSI (Società Italiana di Psicopatologia) Meeting**, Rome, Italy
- 2002 *The Effect of Lithium Treatment on Suicide Rates in Bipolar Disorder,* **Meeting: "Lithium in Major Affective Disorders: An Update"**, Chicago, Illinois
- 2003 *Psychiatric comorbidity in bipolar disorder,* **Fifth International Conference on bipolar disorder**, Pittsburgh, Pennsylvania
- 2003 *1. Special Issues on Bipolar Disorders. 2. Suicide in Bipolar Disorder;* **The European Certificate in Anxiety and Mood Disorders**, Portofino, Italy
- 2003 *Lithium in Suicide Prevention ,* **XXII World Congress International Association for Suicide Prevention**, Stockholm, Sweden
- 2003 *Suicide Prevention and Bipolar Disorder;* **IX International Symposium on Bipolar Disorder**, Quinta da Marinha, Cascais, Portugal
- 2004 *Nuove acquisizioni sul trattamento con sali di litio,* **IX Congresso Nazionale Società Italiana Psicopatologia**, Rome, Italy

- 2004 *Pensée créatrice et folie*, Rencontre "L'expression créatrice est-elle thérapeutique? Prémontré France
- 2005 *Lithium Failures in Bipolar Disorder Prophylaxis*, **Meeting: Fallimenti terapeutici nei pazienti bipolari: nuove strategie**, Rome, Italy
- 2005 *I fallimenti del litio nella profilassi dei disturbi bipolari*, **INNOPSY 05-I incontro internazionale su: Innovazione in psichiatria**, Milano, Italy
- 2005 *Successes and Failures of Lithium Treatment in Bipolar Disorder Prophylaxis*, **WFSBP 2005-8th World Congress of Biological Psychiatry**, Vienna, Austria
- 2005 *Suicide and its prevention*, **European Certificate for Mood Disorders**, Maastricht, Netherlands
- 2005 *1. El Trastorno Bipolar. Treatment. 2. Suicide and its prevention* **Curso de Actualización en Trastorno Bipolar**, Buenos Aires, Argentina
- 2006 *Maintenance therapy with lithium*, **Meeting: Long term therapies and the research of a stable wellbeing in bipolar patients**, Rome, Italy
- 2006 *1. Rischio di suicidio in pazienti Bipolari I e II. 2. Il litio nella terapia e profilassi della depressione bipolare: Quale ruolo? 3. Trends in suicide rates: an international perspective. 4. VII Sopsi (Società Italiana di Psicopatologia) Meeting*, Rome, Italy
- 2006 *Historical Trends in International Suicide Rates: 1950–2000*, **XXII Congreso APSA** Mar del Plata, Argentina
- 2006 *1. La sindrome da stress. 2. Tassi di suicidio internazionali e uso di antidepressivi: 1950–2000.* **Meeting AILAS**, Rome, Italy
- 2006 *1. Latency to maintenance treatment with lithium. 2. Suicide in bipolar disorder: risk and prevention*, **IV Conferencia internacional trastornos del animo**, Santiago, Chile
- 2006 *Analysis of candidate genes for prospectively assessed response to lithium in a collection of bipolar disorder patients from Sardinia*, **XIV world Congress on Psychiatric Genetics**, Cagliari, Italy
- 2007 *Risk of suicide and antidepressants*, II World Federation of Societies of Biological Psychiatry, Santiago, Chile
- 2007 *Litio y Trastorno Bipolar*, **XXIII Congreso APSA**, Mar del Plata, Argentina
- 2007 *Suicide Prevention*, The Seventh International Review of Bipolar Disorders, Rome, Italy
- 2007 *Suicide and its Prevention*, **Summer Course on Mood Disorders**, Maastricht, Netherlands
- 2007 *Actualización en el Tratamiento del Trastorno Bipolar con litio*, **WPA regional meeting XXV Jornadas Argentinas de Psiquiatria**, Buenos Aires, Argentina
- 2007 *Suicidio: prevenzione medica*, **“Il rischio suicidario nel disturbo bipolare**, Oristano, Italy
- 2007 *Antidepressivi e induzione di switch maniacali o ipomaniacali*, **Scuole d’eccellenza: Il disturbo bipolare**, Rome, Italy
- 2008 *Switch ipo/maniacali indotti da antidepressivi*, **XII Congresso Società Italiana Psicopatologia**, Rome, Italy
- 2008 *Lo scatenamento della mania con antidepressivi* **Scuola d’eccellenza Convegno: Il Disturbo Bipolare**, Milano, Italy

- 2008 *Suicide Prevention: Up-dated findings*, **Association of European Psychiatry**
16th European Congress of Psychiatry, Nice, France
- 2009 ***Perché i “media” sono ostili agli psicofarmaci ? (antidepressivi in particolare)*** **XIII Congresso della Società Italiana di Psicopatologia**, Rome. Italy
- 2009 *Il ruolo dei sali di litio nei disturbi dell'umore & Coffee and cigarette use: Association with suicidal acts*
Simposio satellite Sanofi-Aventis. Prevenzione delle ricadute e delle complicanze nel trattamento
- 2009 *Coffee and cigarette use: Association with suicidal acts* **Master in affective neuroscience**, Florence, Italy
- 2009 *Lithium for affective disorders and effects on suicide risk* **CME Course**, Buenos Aires
- 2009 *Antidepressant-induced mania* **CME Course**, Buenos Aires
- 2010 *Stabilizzanti dell'umore: aggiornamenti*
Scuole d'eccellenza: Diagnosi e terapia del disturbo bipolare dalla parte della clinica. Roma.
- 2010 *Assistenza medica e psichiatrica: quanto conta per prevenire il suicidio?*
Giornata Mondiale per la Prevenzione del Suicidio 2010
- 2010 *Estabilizadores del Ánimo en Trastorno Bipolar*
Congreso Internacional de Psiquiatría Clínica y Psicofarmacología
Mendoza, Argentina
- 2011 *La depressione perinatale. La salute mentale della donna. 2° Seminario Tematico*
Progetto MediPscare Donna. Cagliari.
- 2011 *El suicidio en una dimension historica. IV Jornadas Iberoamericanas de Trastorno Bipolar*
Córdoba, Argentina.
- 2011 *Antidepressivos y suicidio en trastorno bipolar. I Jornada del Capitulo Peruano de la Sociedad Internacional de Trastornos Bipolares (ISBD)*, Lima
- 2012 *Il Disturbo Bipolare dell'Umore fra normalità e malattia. Dalla malattia maniaco-depressiva allo spettro bipolare: ritorno al futuro*, **Matera.**
- 2012 *Actualizaciones en el tratamiento de la depresión bipolar. Asociación Colombiana de Psiquiatría Biológica, Simposio sobre Trastorno Bipolar*, Bogotá
- 2012 *Antidepressivos y trastorno bipolar: eficacia y riesgos. 2° Congreso de Psiquiatría Clínica y Psicofarmacología. Mendoza, Argentina*
- 2012 *Suicidio: prevenzione medica. Disturbo Bipolare e Suicidio*, Cagliari, Italy.
25giugno 2012
- 2013 *Risks and advantages of the use of antidepressants in bipolar depression. The International Review of bipolar disorders*. **Seville, Spain**
- 2013 *Riesgos y ventajas sobre el uso de antidepressivos en el trastorno bipolar. Congreso sobre el trastorno bipolar, Universidad Pontificia Bolivariana. Medellin.*
- 2013 *La depressione bipolare e il ruolo degli antidepressivi. Congresso internazionale: personalità, psicosi e demenza: ai confini dello spettro bipolare*, Taranto, Italy.

- 2013 *Use of antidepressants in bipolar disorders: benefits and risks.* **11th World Congress of Biological Psychiatry, Kyoto, Japan**
- 2013 *1. Pérdidas y separaciones tempranas y evolución funcional. 2. ¿Cuál es lugar de los antidepresivos en el tratamiento de los trastornos bipolares?* **V Jornadas Iberoamericanas en Trastornos Bipolares. Buenos Aires, Argentina.**
- 2013 *Historical Notes on Suicide.* **27th IGSLI Conference, Dresden.**

- 2013 **Ottimizzare i Trattamenti per Migliorare il Funzionamento Sociale in Pazienti Bipolari. XI Congresso nazionale della Società italiana di psichiatria biologica, Napoli, Italy.**
- 2014 **The 14th International review of Psychosis and Bipolarity**
 Titolo: *Course sequence in manic-depressive illness and response to treatments*
Atene, 9-12 maggio 2014
- 2014 **Incontro: Esiste la Schizofrenia? Verso nuovi modelli diagnostici e terapeutici delle psicosi**
 Titolo: *Sintomi psicotici: tra disturbi dell'umore e schizofrenia*
Ostuni, 30-31 maggio 2014
- 2014 **VII Conferencia Internacional Clínica Psiquiátrica Universitaria**
 Titolo: *Prevención medica del suicidio*
Santiago, 6-7 giugno 2014.
- 2014 **XII° edizione- Giornata Mondiale per la Prevenzione del Suicidio- “La prevenzione del suicidio: un mondo unito” ?**
 Titolo: *Rischio di suicidio nel disturbo bipolare: nuovi risultati e prospettive future*
**Azienda Ospedaliera Sant’Andrea
 Roma, 10-11 Settembre 2014**
- 2014 **XVI World Congress of Psychiatry**
 Titolo: *Course sequences in manic-depressive illness and response to treatments*
Madrid, 14-18 settembre 2014
- 2014 **LXIX Congreso de Neurología, Psiquiatria y neurocirugía**
 Titolo: *Evolucion de largo plazo de la bipolaridad*
Puerto Vartas (Chile) 9-11 Ottobre 2014
- 2014 **LXIX Congreso de Neurología, Psiquiatria y neurocirugía**
 Titolo: *Progresión de las tasas de suicidio en las patologías psiquiátricas*
Puerto Vartas (Chile) 9-11 Ottobre 2014
- 2014 **3° Congreso internacional de Psiquiatria clínica y psicofarmacología**
 Titolo: *Trastorno Bipolar: Antecedentes*
Mendoza, 31 Ottobre 2014
- 2015 **Convegno: I Disturbi Bipolari tra Neuro-sviluppo, Vulnerabilità e Ambiente.**
 Titolo: *Antecedenti, Esordio e Decorso del Disturbo Bipolare*
Polignano a mare, 29-30 maggio 2015
- 2015 **23° Congreso Internacional de Psiquiatria. XLI Jornadas Argentinas de Psiquiatria**
 Titolo: *Suicidio e intentos: Epidemiología y clínica*
Buenos Aires, 28-30 Ottobre 2015
- 2015 **XXXIII Congreso Brasileiro de Psiquiatria**
 Titolo: *How I manage medical prevention of suicide behavior*
Florianopolis, 4–7 Novembre 2015
- 2015 **XXXIII Congreso Brasileiro de Psiquiatria**
 Titolo: *Suicide: An international perspective*
Florianopolis, 4–7 Novembre 2015
- 2015 **Congress of Neuropsychiatry and Neuropsychology**
 Titolo: *Historical Perspective on Suicide*
Poznań, 26 Novembre 2015
- 2016 **18th Conference of Bridging Eastern and Western Psychiatry**
 Titolo: *Suicide and Psychosis*
Cracovia, 12–15 Maggio, 2016
- 2016 **18th International Review of Psychosis and Bipolarity**
 Titolo: *Metabolic effects of lithium*
Roma, 22-24 Maggio 2016
- 2016 **30th IGSLi Conference**
 Titolo: *Updating collaborative study on metabolic effects of long-term lithium treatment*
Cagliari, 29 Settembre- 2 Ottobre 2016
- 2016 **24° Congreso Internacional de Psiquiatria**
 Titolo: *Trastorno bipolar: Estabilizadores del ánimo (sobre todo litio)*

Report of Clinical Activities and Innovations

Current Licensure and Certification

1974 Italian License as M.D.; 1978, Italian License as Specialist in Psychiatry

Practice Activities

1974–1984	Attending Psychiatrist	Belvedere Montello Hospital, Rome, Italy	Psychiatry staff
1977–	Psychiatrist	Mood Disorder Research Center Lucio Bini, Cagliari, Rome, Italy	Private Practice in Psychiatry

Educational Material for Patients and the Lay Community

2005–2017 Aretaeus newsletter (quarterly publication of Mood Disorder Centro Lucio Bini, Rome and Cagliari), Editor in chief and author.

Publications

Books

- | | | |
|------|---|--------|
| 1998 | Gli adolescenti e l'amore (<i>Adolescents and Love</i>). Rome: | Editor |
| 2000 | Prima del tempo. Capire e prevenire il suicidio (<i>Before time. Understanding and preventing suicide</i>). Rome: Carocci | Author |
| 2001 | Compendio di Psicologia (<i>Manual of psychology</i>). Rome: | Author |
| 2017 | Carocci | Author |
| | Qualcuno ce l'ha con me: Dal pregiudizio alla paranoia (<i>Some</i> | |

Peer reviewed publications in print or other media (263; on PubMed=203)

Research Investigation

1. Kukopulos A, Reginaldi D, Girardi P, **Tondo L**. Course of manic-depressive recurrences under lithium. *Compr Psychiatry* 1975; 16: 517–24.
2. Mendels J, Frazer A, Baron D, Kukopulos A, Reginaldi D, **Tondo L**, Caliari B. Intra-erythrocyte lithium ion concentration and long-term maintenance treatment. *The Lancet* 1976; i: 966.
3. Kukopulos A, Reginaldi D, **Tondo L**, Bernabei A, Caliari B. Spontaneous length of depression and response to ECT. *Psychol Med* 1977; 7: 625–629.
4. Kukopulos A, Reginaldi D, Laddomada P, Floris G, Serra G, **Tondo L**. 1. *Pharmakopsychiat Neuropharmakol* 1980; 13: 156–167.
5. **Tondo L**, Reginaldi D, Floris G, Laddomada P, Serra G. Ciclicità spontanea della malattia maniaco-depressiva ed effetti dei trattamenti. *Rivista Psichiatria* 1980; 1: 180–183.
6. **Tondo L**, Pignatelli A, Tundo A, Foggia D. Decorso del ciclo maniaco-depressivo. *Rassegna Studi Psichiatrici* 1984; LXIII: 1–8.
7. Reginaldi D, **Tondo L**, Floris G, Pignatelli A, Kukopulos A. Poor prophylactic lithium response due to the antidepressants. *International Pharmacopsychiatry* 16; 1981: 124–128.
8. **Tondo L**, Laddomada P, Serra G, Minnai G, Kukopulos A. Rapid cyclers and antidepressants. *International Pharmacopsychiatry* 1981; 16: 119–123.
9. Kukopulos A, Caliari B, Tundo A, Minnai G, Floris G, Reginaldi D, **Tondo L**. Rapid cyclers, temperament and antidepressants. *Compr Psychiatry* 1983; 24: 249–258.
10. Lotta A, Pintor G, **Tondo L**. Il test di Rorschach e l'essere nel mondo. *Neurologia, Psichiatria Scienze Umane* 1984; IV: 461–489.
11. **Tondo L**, Conway P, Brunswick D. Labelling in vivo of beta-adrenergic receptors in the CNS of the rat after administration of I-125 Iodopindolol. *J Pharmacol Exper Therap* 1985; 235: 1–9.
12. Rudas N, **Tondo L**, Musio A, Schiavo C, Galisai C, Dinelli U, Carta M. Deprivazione del lavoro e rischio psicopatologico. *Minerva Psichiatrica* 1987; 28: 365–370.
13. **Tondo L**, Pani PP, Pellegrini-Bettoli P, Milia G, Manconi PE: T-lymphocytes in depressive disorder. *Med Science Res* 1988; 16: 867–868.
14. **Tondo L**, Burrai C, Scamonatti L, Weissenburger J, Rush J. Comparison between clinician-rated and self-reported depressive symptoms in Italian psychiatric patients. *Neuropsychobiology* 1988; 19: 1–5.
15. **Tondo L**, Burrai C, Scamonatti L, Toccafondi F, Poddighe A. Carbamazepine in Panic Disorder [letter]. *Am J Psychiatry* 1989; 146: 558–559.
16. **Tondo L**, Burrai C, Scamonatti L, Toccafondi F, Poddighe A. Differential effects of citalopram on neuronal cortical

Non-peer reviewed scientific or medical publications/materials in print or other media (n=118)

I. Non-peer reviewed research publications: Book chapters

1. Kukopulos A, Reginaldi D, Minnai G, **Tondo L**. Evolution du cycle maniaco-dépressif, traitements associés et réponse prophylactique au lithium. In: Dufour H, Pringuey D, Milech T, editors. *La prediction de la réponse au lithium*. Marseille: Imprimerie Cholet; 1983: 55–61.
2. **Tondo L**, Floris G, Burrai C, Pani PP. Lithium Withdrawal: an outcome. In: Birch NJ, editor. *Lithium: Inorganic Pharmacology and Psychiatric Use*. Oxford: IRL Press Limited; 1988: 155–156.
3. **Tondo L**, Pani PP, Pani L, Carcassi L, Manconi PE, Rudas N. Lymphocyte-subsets and depression. In: Ravizza L, Genazzani E, Torta R, Eva C, editors. *The modes of depression: Psychobiology and psychodynamics*. Torino: Cortina Editrice; 1990: 31–35.
4. **Tondo L**, Burrai C, Floris G, Scamonatti L, Rudas N. L'effetto della sospensione del litio in pazienti bipolari. In: Faravelli C, Gnocchi G, Monteleone P, editors. *Il dibattito attuale sulla depressione*. Napoli: Idelson; 1992: 143–148.
5. **Tondo L**, Pani PP, Manconi PE, Rudas N. I T-linfociti nei disturbi depressivi. In: Faravelli C, Gnocchi G, Monteleone P, editors. *Il dibattito attuale sulla depressione*. Napoli: Idelson; 1992: 149–153.
6. **Tondo L**, Silveti F. Lithium and seasonal mood disorders. In: Birch NJ, Padgham C, Hughes M, editors. *Lithium in Medicine and Biology*. Carnforth, UK: Marius Press; 1993: 85–90.
7. **Tondo L**, Silveti F. Creatività: dalla sublimazione alla espressione artistica. In: Bianconi R, De Gregorio A, Manarolo G, Puxeddu V, editors. *Le Arti Terapie in Italia..* Roma: Tecnostampa Trullo; 1994: 39–44.
8. Koukopoulos A, **Tondo L**, Minnai G. Cycles rapides. In: Olié JP, Poirier MF, Loo H, editors. *Les Maladies Dépressives*. Paris: Flammarion; 1995: 216–222.
9. Baldessarini RJ, **Tondo L**, Suppes T, Faedda G, Tohen M. Pharmacological treatment of bipolar disorder throughout the life-cycle. In: Shulman K, Tohen M, Kutcher SP, editors. *Mood Disorders throughout the life-span*. New York: John Wiley & Sons; 1996: 299–338.
10. **Tondo L**, Baldessarini RJ, Floris G, Silveti F, Rudas N. Lithium maintenance treatment reduces risk of suicidal behavior in bipolar disorder patients. In: Gallicchio VS, Birch NJ, editors. *Lithium: Biochemical and clinical advances*. Cheshire (Connecticut): Weidner Publishing Group; 1996: 161–171.
11. **Tondo L**, Baldessarini RJ, Rudas N. Il trattamento con sali di litio dei disturbi dell'umore. In: Altamura CA editor. *Clinica e farmacoterapia delle psicosi maggiori*. Milano: McGraw Hill; 1996: 201–211.
12. Suppes T, Baldessarini RJ, Motohashi N, **Tondo L**, Viguera A. Special treatment issues: Maintaining and discontinuing psychotropic medications. In: Rush J editor. *Modern problems of Pharmacopsychiatry*. Basel: S Karger; 1996: 1–20.
13. Baldessarini RJ, **Tondo L**. Antisuicidal effect of lithium treatment in major mood disorders. In: Jacobs DG editor. *Guide to suicide assessment and intervention*. San Francisco: Jossey-Bass; 1998: 355–71.
14. **Tondo L**, Baldessarini RJ, Hennen J, Floris G, Silveti F, Tohen M: Lithium treatment and risk of suicidal behavior in bipolar disorder patients. *Yearbook: Psychiatry & Mental Health*, Talbott JA (ed.). St. Louis: Mosby, 2000: 360–362.
15. Baldessarini RJ, **Tondo L**. Bipolar Disorder (Including Hypomania and Mania) In: N. J. Smelser and Paul B. Baltes (editors) *International Encyclopedia of the Social & Behavioral Sciences*. Pergamon, Oxford, 2001: 1240–1245.
16. **Tondo L**, Lai M, Salvatore P. Comorbilità dei disturbi d'ansia nella malattia bipolare. In: Altamura CA (ed.): *Ansia generalizzata e comorbilità con i Disturbi dell'Umore*. Pisa, Pacini Editore. 2003: 129–154.

Professional educational materials or reports, in print or other media

1. **Tondo L**, Baldessarini RJ: Suicide: An overview. Medscape Internet Publications (<http://www.medscape.com/Medscape/psychiatry/ClinicalMgmt/CM.v03/public/index-CM.v03.html>), 2001, pp 1–8.
2. **Tondo L**. Interview to John Bowlby in London, 1990. At: <http://www.stateofmind.it/2012/06/john-bowlby-intervista/>